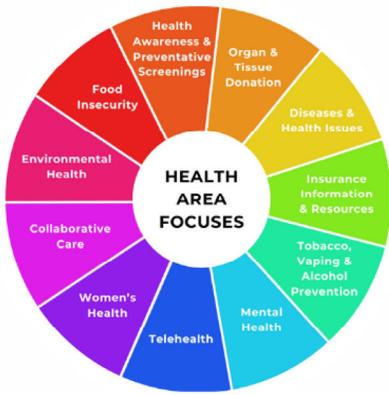


# Health Area Focuses of the Month

March 2025

## ORGAN & TISSUE DONATION

**Objective:** To increase organ donor registrations, particularly among African Americans, by raising awareness of the critical need for organ transplants. By encouraging organ donation, we strive to reduce wait times, improve health outcomes, and ultimately save lives.



The need for organ transplants is especially high among minority populations due to the prevalence of diseases that lead to organ failure, such as kidney disease, heart disease, and diabetes. For instance, Black individuals are four times more likely to develop end-stage kidney disease compared to their White counterparts, while Hispanic and Native American populations face twice the risk. Black individuals account for 14% of the population but account for 28% of those waiting for an organ transplant. Despite this urgent need, organ donation rates among minorities do not keep pace with demand, resulting in longer wait times, increased illness at the time of transplant, and even death while waiting. Increased awareness and donor registrations within these communities are crucial to saving lives.

<https://www.niddk.nih.gov/health-information/health-statistics/kidney-disease>; <https://minorityhealth.hhs.gov/organ-transplants-and-blackafrican-americans>; <https://www.pewresearch.org/race-and-ethnicity/factsheet/facts-about-the-us-black-population/>

## CHC'S CONTRIBUTIONS

### Precious Gift of Life

Make sure to watch our documentary, Precious Gift of Life, on YouTube:

[https://www.youtube.com/watch?v=u\\_u\\_kxYvvuY&t=2s](https://www.youtube.com/watch?v=u_u_kxYvvuY&t=2s)

Tesca Kinard  
Heart Transplant Recipient



### Register to be an organ donor TODAY!

To register to be an organ donor, visit:

<https://www.chealthc.org/organ-donation>

Fill out the form on the site, or print and email/mail the form to us, and we will do the rest!

QUESTIONS?  
CALL 919-470-8680



Learn more about our programs at [CHealthC.org](https://www.chealthc.org)